



PSHE (including RSE) EYFS Curriculum Overview

<p>FS1</p>	<p><u>Self-Regulation</u> Children will separate from main carer to come into nursery.</p> <p><u>Managing Self</u> Children will know the class rules: - Looking eyes - Listening ears - Hands in lap</p> <p>Children will know to wash and dry their hands before eating and after using the toilet</p> <p><u>Building Relationships</u> Children will know how to play alongside each other.</p>	<p><u>Self-Regulation</u> Children will know what adults can help them in nursery</p> <p><u>Managing Self</u> Children will know how to look after resources using the rhyme 'Choose it, use it, put it away'. Children will know to drink water to be healthy.</p> <p><u>Building Relationships</u> Children will know how to play partner games-</p>	<p><u>Self-Regulation</u> Children will become confident with visitors in nursery-</p> <p><u>Managing Self</u> Children will know examples of healthy food</p> <p><u>Building Relationships</u> Children will share resources and play in a group.</p>	<p><u>Self-Regulation</u> Children will show confidence walking around our school environment</p> <p><u>Managing Self</u> Children will know to exercise to be healthy.</p> <p><u>Building Relationships</u> Children will take turns whilst playing and waiting patiently to have a go.</p>	<p><u>Self-Regulation</u> Children will show confidence in visiting the parish church</p> <p><u>Managing Self</u> Children will know how to calm themselves through finger meditation</p> <p>Children will know to brush their teeth to be healthy.</p> <p><u>Building Relationships</u> Children will consider the feelings of others.</p>	<p><u>Self-Regulation</u> Children will show confidence in visiting the local shop to buy their snack</p> <p><u>Managing Self</u> Children will know how to independently use the toilet.</p> <p><u>Building Relationships</u> Children will know how to listen to a friend and agree a compromise.</p>
<p>FS2</p>	<p><u>Self-Regulation</u> Children will see themselves as unique by sharing their hobbies and interests.</p> <p><u>Managing Self</u> Children will know how regular exercise is important for their health.</p> <p><u>Building Relationships</u> Children will know how to identify their feelings, using books such as 'The Colour Monster' to support understanding.</p>	<p><u>Self-Regulation</u> Children will know how to be helpful by taking on jobs in the classroom.</p> <p><u>Managing Self</u> Children will know the school rules 'Be Ready, Be Safe, Be Respectful'. Children will know how healthy eating is important for their health.</p> <p><u>Building Relationships</u> Children will know how to listen to others with respect.</p>	<p><u>Self-Regulation</u> Children will know how to make the right choice and the consequences of not doing so.</p> <p><u>Managing Self</u> Children will know how regular teeth brushing is important for their health.</p> <p><u>Building Relationships</u> Children will know how to treat others in our class using the statement 'Kind hands and kind words'.</p>	<p><u>Self-Regulation</u> Children will know the effects of their behaviour on others.</p> <p><u>Managing Self</u> Children will know what a sensible amount of screen time is and why this is important for their health.</p> <p><u>Building Relationships</u> Children will be able to describe what makes a good friend including attributes such as listening and sharing.</p>	<p><u>Self-Regulation</u> Children will know to use the calm corner when they are feeling upset/angry.</p> <p><u>Managing Self</u> Children will know about the importance of a good sleep routine for their health.</p> <p><u>Building Relationships</u> Children will know how to express their opinion and understand it is okay to have a different opinion to their friends.</p>	<p><u>Self-Regulation</u> Children will know how to overcome challenges.</p> <p><u>Managing Self</u> Children will know how to be a safe pedestrian and why this is important.</p> <p><u>Building Relationships</u> Children will know how to resolve a problem by talking it through with a friend or adult.</p>

Early Learning Goals:

Self-Regulation: Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability.

Managing Self: Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Building Relationships: Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others' needs.